

Social life - reading comprehension p. 59

1 Zapoznaj się z podanymi wyrazami i odpowiedz na pytania.

cigarettes coffee chocolate Internet gambling
 painkillers sport video gaming

1. What do these things have in common?
2. Do you think a lot of people are addicted to these things?
Why?/Why not?
3. How hard is it to give them up?
4. How serious are these addictions in your opinion?

B *I* U ☰ ☰ ☰

2

Ułóż zdania w odpowiedniej kolejności tak, aby stanowiły logiczną całość.

1. As a result, they cause problems for themselves and for others.

2. In both cases addicts often lose control over their lives.

3. The first one is when someone abuses substances such as alcohol or drugs.

4. There are two main types of addictions.

5. The other one is a strong need to do an activity, for example shopping or surfing the Internet.

Which examples below are addictions to substances? Which are addictions to activities?

cigarettes coffee chocolate Internet gambling painkillers sport video gaming

Substances

Activities

3

Przeczytaj tekst, z którego usunięto cztery zdania. Dopasuj zdania A-E do luk 1-4 tak, aby otrzymać spójny i logiczny tekst.
 Uwaga: jedno zdanie zostało podane dodatkowo.

- A. But aren't adults as bad?
 B. My kids were satisfied and told me, 'Great! You're always checking your phone!'
 C. Families do not talk with each other as they did before the mobile phone era.
 D. I wasn't enjoying the film because I couldn't concentrate - I also wanted to check my phone.
 E. Addiction to technology is a serious problem among teenagers.

PHONE ADDICTION

Last week we went to the cinema. Just as the film began, little windows of light started to open around us - people were checking their phones. (1) --- On my way home, I realised my mobile is the first thing I reach for when I wake up, and the last before I fall asleep. I thought I should deal with the problem.

My name is Allison and I'm a mum of two teenagers, who call me *Killjoy Mum* because I make the rules in our family. When I noticed that I had become addicted to my phone, I told my kids that from then on we'd have another rule - no technology at the table. (2) --- So they also noticed. I was shocked.

It is teenagers with their electronic devices in their hands that are called rude by older generations. (3) --- Everywhere you can see grown-ups with their phones - mums sitting in cafés, shopping online, with their babies playing with tablets; dads reading emails during their kids' football matches. (4) --- We need to put down the phones and start talking IRL (In Real Life).



4

W zdaniach 1–3 z podanych odpowiedzi wybierz właściwą, zgodną z treścią tekstu.

1. Why did Allison have problems concentrating on the film?

- A. She thought she'd forgotten to turn off the lights at home.
- B. There were too many people in the cinema.
- C. She felt the need to look at her phone.

2. Why do Allison's children call her *Killjoy Mum*?

- A. She doesn't enjoy watching films.
- B. She is addicted to technology.
- C. She is strict.

3. In Allison's opinion, how does phone addiction affect families?

- A. Families don't have conversations.
- B. Parents contact their children by email.
- C. Children talk to their parents using applications.

5

Uzupełnij luki zgodnie z treścią tekstu

1. Allison realised she was after a visit to the cinema.
2. Allison has got children.
3. Allison's family are not allowed at the table.
4. Allison thinks that are as addicted to electronic devices as teenagers.
5. Allison says that families talked to each other more became popular.

6

W parach odpowiedzcie na pytania.

1. Do you know any people who are addicted to technology?
2. Is technology addiction a serious social problem?
Why?/Why not?